



What is intimate waxing?

Over time variations of a Brazilian have been given different names so to make things a little easier for you to understand and to help you know the difference between a G String and a Brazilian, here's our detailed breakdown.

The Hollywood

Completely bare! A thorough wax that includes the butt crack, any noticeable hair on the buttocks, the inner and outer labia, pubic triangle and any hair that grows from the butt cheeks onto the back of the upper thigh and buttocks.

The G-string

This leaves a strip of hair that starts on the pubic mound and down over the labia and tapers in narrow as it reaches the butt cheeks. It includes the butt crack and any noticeable hair on the buttocks. You should be able to wear a thong without showing any pubic hair.

The High Tide

Hair is removed from the two side panels going in narrow at the bottom. The top of the pubic line is perfected and underneath just onto the butt cheeks are removed. You should be able to wear a high leg knicker with no pubic hair showing outside.

How long should the hair be?

Regardless of how much hair you will be removing, you should have at least four weeks growth from your last wax and three weeks growth from your last shave to get the best results.

How often should I be waxed?

If you're serious about maintaining that clean feeling, we recommend you come in every four to five weeks. You may then find that you will be able to leave longer gaps between your appointments.

How can I make it more comfortable?

You can help yourself by trimming the hair before your appointment. The longer the hair, the more it will hurt. If you've never been waxed before or you haven't been waxed for months, then just trim what you can (with scissors or clippers) to roughly half an inch (12mm). You don't have to be exact or stress about it, it's just better for you. If you've been removing the hair yourself, you should wait a few weeks before you get waxed as you'll get a much better result.

Aftercare?

For 24 hours after you've been waxed, avoid sun, deodorant, hot showers/baths, chlorinated pools, gym/exercise classes, solariums, spas and saunas as these will irritate the skin. Use a body mitt to exfoliate after two days, then two or three times a week after, but don't go mad as this actually causes ingrown hairs if you're too rough. Reshape Beauty Clinic recommends the Dermasuri Mitt, which is available in the clinic.